

# O<sub>2</sub>matic

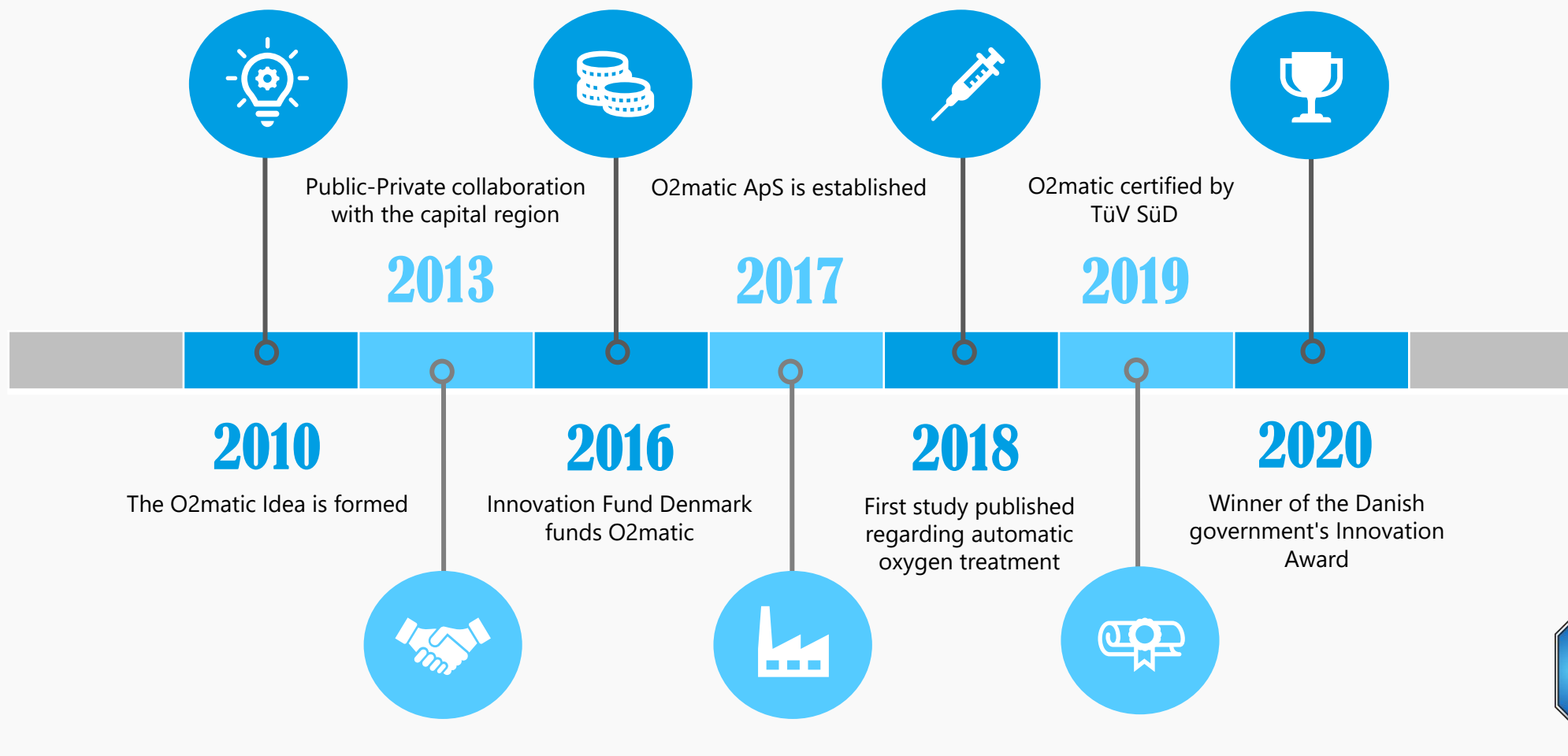
## OXYGENATION MADE SAFE AND SIMPLE



Developed and made in Denmark



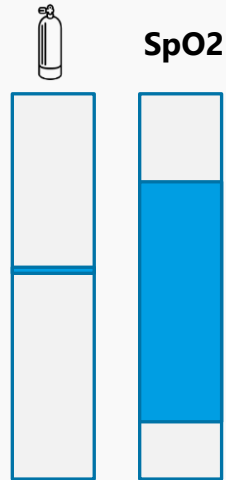
# OUR STORY



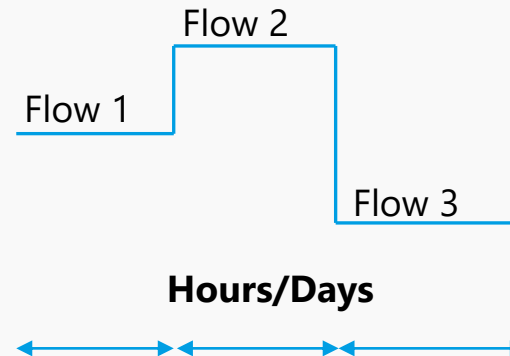
# MANUAL OXYGEN TREATMENT



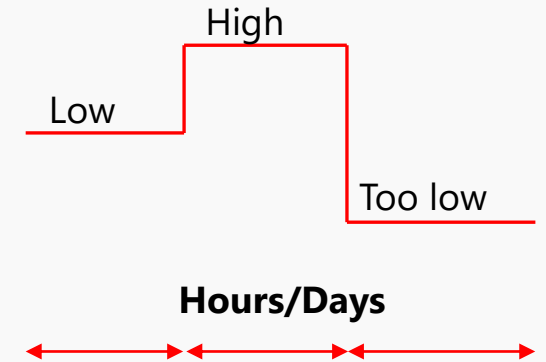
Common practice



## MANUAL O2 ADJUSTMENTS



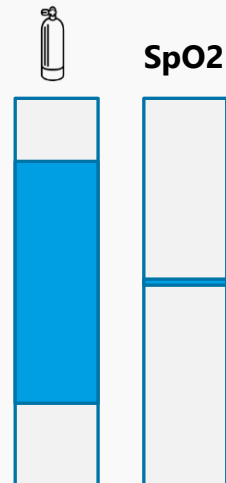
## SpO<sub>2</sub> FLUCTUATIONS



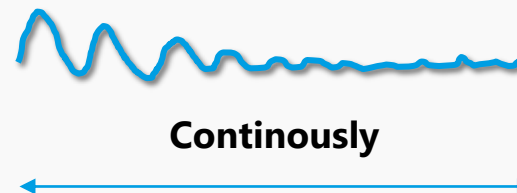
# AUTOMATIC OXYGEN THERAPY



O<sub>2</sub>matic



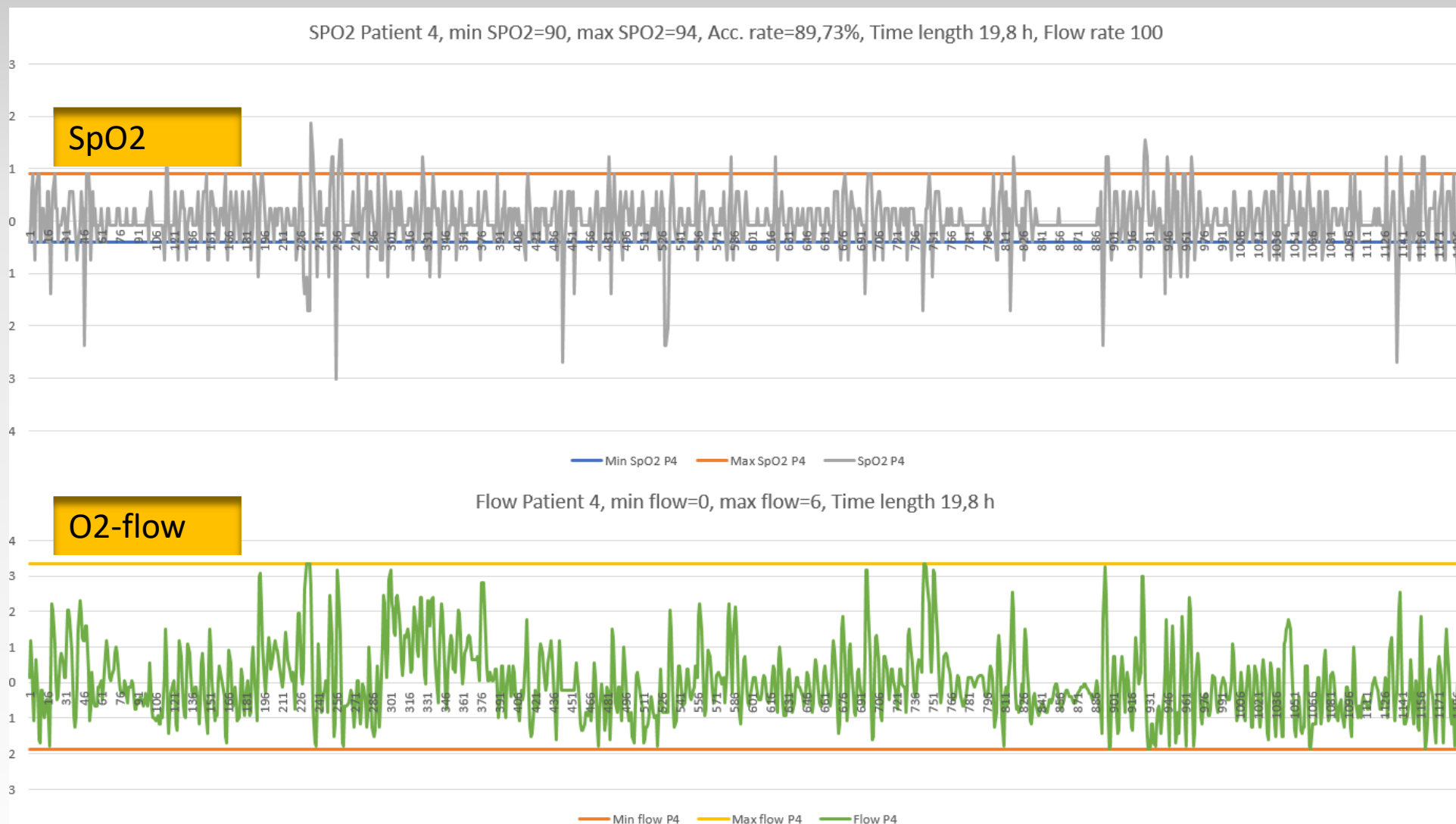
## AUTOMATIC O2 ADJUSTMENTS



## DESIRED SpO<sub>2</sub>



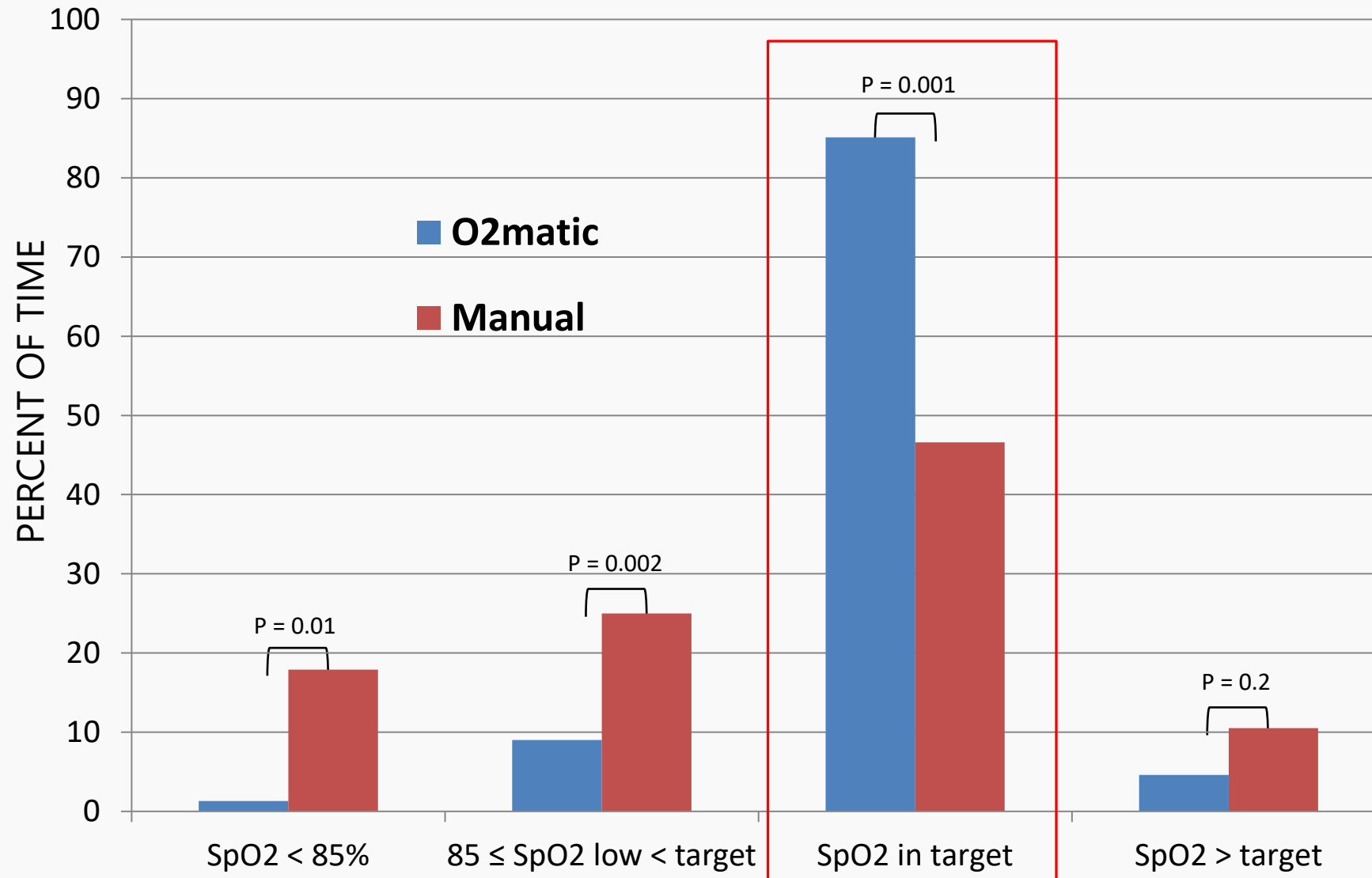
# Data from 19,8 hours hospitalization



## Treatment profile:

- Max. SpO2: 94
- Min. SpO2: 90
- Max O2: 6 l/min
- Min O2: 0 l/min

# BENEFITS OF AUTOMATIC OXYGEN THERAPY **O<sub>2</sub>matic** by O2matic



**Source:**

[www.ncbi.nlm.nih.gov/pubmed/?term=o2matic](http://www.ncbi.nlm.nih.gov/pubmed/?term=o2matic)

# Clinical management of severe acute respiratory infection (SARI) when COVID-19 disease is suspected

Interim guidance  
13 March 2020



**World Health  
Organization**

## 4. Management of mild COVID-19: symptomatic treatment and monitoring

✓ **Patients with mild disease do not require hospital interventions, but isolation is necessary to contain virus transmission and will depend on national strategy and resources.**

**Remark:** Although most patients with mild disease may not have indications for hospitalization, it is necessary to implement appropriate IPC to contain and mitigate transmission. This can be done either in hospital, if there are only sporadic cases or small clusters, or in repurposed, non-traditional settings; or at home.

## 5. Management of severe COVID-19: oxygen therapy and monitoring

✓ **Give supplemental oxygen therapy immediately to patients with SARI and respiratory distress, hypoxaemia or shock and target  $\text{SpO}_2 > 94\%$ .**

**Remarks for adults:** Adults with emergency signs (obstructed or absent breathing, severe respiratory distress, central cyanosis, shock, coma, or convulsions) should receive airway management and oxygen therapy during resuscitation to target  $\text{SpO}_2 \geq 94\%$ . Initiate oxygen therapy at 5 L/min and titrate flow rates to reach target  $\text{SpO}_2 \geq 93\%$  during resuscitation; or use face mask with reservoir bag (at 10–15 L/min) if patient in critical condition. Once patient is stable, the target is  $> 90\%$   $\text{SpO}_2$  in non-pregnant adults and  $\geq 92\text{--}95\%$  in pregnant patients (16, 25).

## 7. Management of critical COVID-19: acute respiratory distress syndrome (ARDS)



**Recognize severe hypoxemic respiratory failure when a patient with respiratory distress is failing to respond to standard oxygen therapy and prepare to provide advanced oxygen/ventilatory support.**

**Remarks:** Patients may continue to have increased work of breathing or hypoxemia even when oxygen is delivered via a face mask with reservoir bag (flow rates of 10–15 L/min, which is typically the minimum flow required to maintain bag inflation;  $\text{FiO}_2$  0.60–0.95). Hypoxemic respiratory failure in ARDS commonly results from intrapulmonary ventilation-perfusion mismatch or shunt and usually requires mechanical ventilation (5).

**The following recommendations pertain to adult and paediatric patients with ARDS who are treated with non-invasive or high-flow oxygen systems.**

- ① **High-flow nasal oxygen (HFNO) should be used only in selected patients with hypoxemic respiratory failure.**
- ① **Non-invasive ventilation (NIV) should be used only in selected patients with hypoxemic respiratory failure.**
- ① **Patients treated with either HFNO or NIV should be closely monitored for clinical deterioration.**

**Remark 2:** Because of uncertainty around the potential for aerosolization, HFO, NIV, including bubble CPAP, should be used with airborne precautions until further evaluation of safety can be completed.

# O2matic standard profiles

|  |  |
|--|--|
| <b>COVID_LFLOW</b><br>SpO2: 92-96%<br>Flow: 0 – 8 l/min  | Suitable for patients with Covid-19 who are using nasal catheter.<br><br>Setup follows WHO recommendations.  |
| <b>COVID_HLFOW</b><br>SpO2: 92-96%<br>Flow: 0 – 15 l/min | Suitable for patients with Covid-19 who are using high flow nasal catheters.<br><br>Setup follows WHO recommendations  |
| <b>COPD_NORM</b><br>SpO2: 88-92%<br>Flow: 0 – 6 l/min    | Suitable for patients with COPD-19 who are using nasal catheter.<br><br>For oxygen sensitive patients, oxygen flow should be added individually to e.g. 0 - 3 l / min<br><br>Setup follows BTS guidelines. |
| <b>ASTHM_PNEU</b><br>SpO2: 94-98%<br>Flow: 0 – 15 l/min  | Suitable for patients with asthma or conditions with acute respiratory failure.  |
| <b>WALKING</b><br>SpO2: 90-94%<br>Flow: 0 – 15 l/min     | Used for 6 minutes walking test and other mobility tests. In this case, O2matic should be attached to a rollator and run in battery mode.  |

# BENEFITS OF CONTROLLED OXYGEN

Mortality and morbidity in acutely ill adults treated with liberal versus conservative oxygen therapy (IOTA): a systematic review and meta-analysis



|                     | Chu DK et al. Lancet 2018; 391: 1693-705                   |
|---------------------|--|
| <b>Design</b>       | Systematic review, meta-analysis of RCT's                  |
| <b>Study groups</b> | Acutely ill patients: Liberal vs. conservative oxygen      |
| <b>Patients</b>     | 16.037 cases with sepsis, stroke, myocardial infarction... |
| <b>Endpoints</b>    | Mortality (in-hospital, 30 days, longest follow-up)        |

mortality (in-hospital, at 30 days, and at longest follow-up) and morbidity (pneumonia at longest follow-up, risk of hospital-acquired pneumonia, any hospital-acquired infection, and length of hospital stay) assessed by random-effects meta-analyses. We assessed quality of evidence using the grading of recommendations assessment, development, and evaluation approach. This study is registered with PROSPERO, number CRD42017065697.

**Findings** 25 randomised controlled trials enrolled 16 037 patients with sepsis, critical illness, stroke, trauma, myocardial infarction, or cardiac arrest, and patients who had emergency surgery. Compared with a conservative oxygen strategy, a liberal oxygen strategy (median baseline saturation of peripheral oxygen [SpO<sub>2</sub>] across trials, 96% [range 94–99%, IQR 96–98]) increased mortality in-hospital (relative risk [RR] 1.21, 95% CI 1.03–1.43, *P*=0%, high quality), at 30 days (RR 1.14, 95% CI 1.01–1.29, *P*=0%, high quality), and at longest follow-up (RR 1.10, 95% CI 1.00–1.20, *P*=0%, high quality). Morbidity outcomes were similar between groups. Findings were robust to trial sequential, subgroup, and sensitivity analyses.

Department of Health Research Methods, Evidence, and Impact (Prof R Jaeschke, Prof H J Schünemann, W Alhazzani), McMaster University, Hamilton, ON, Canada; Medical Research Institute of New Zealand, Wellington, New Zealand (P J Young MBChB); Intensive Care Unit, Wellington Regional Hospital, Wellington, New Zealand (P J Young); and Department of Intensive Care and Perioperative Medicine,

## OUTCOME

Among 16.037 patients with stroke, myocardial infarction or critical illness a 21 % increase in mortality was observed if oxygen was delivered liberally compared to a more conservative dosing strategy.

# BENEFITS OF CONTROLLED OXYGEN

**Table 3** | Intention to treat analysis. Values are numbers (percentages) unless stated otherwise

|  | Control (high flow oxygen) | Active (titrated oxygen) | Treatment effect     | P value |
|--|----------------------------|--------------------------|----------------------|---------|
| <b>Mortality</b>   |                            |                          |                      |         |
| All patients   | 21/226 (9)                 | 7/179 (4)                | 0.42 (0.20 to 0.89)* | 0.02    |
| Confirmed COPD   | 11/117 (9)                 | 2/97 (2)                 | 0.22 (0.05 to 0.91)* | 0.04    |
| <b>Incidence of ventilation</b>                                    |                            |                          |                      |         |
| All patients   | 19/213 (9)                 | 13/166 (8)               | 0.88 (0.45 to 1.72)* | 0.70    |
| Non-invasive ventilation   | 7                          | 8                        |                      |         |
| Invasive ventilation   |                            |                          |                      |         |
| Confirmed COPD   |                            |                          |                      |         |
| Non-invasive ventilation   |                            |                          |                      |         |
| Invasive ventilation   | 9                          | 3                        |                      |         |
| <b>Length of hospital stay (mean (SD) days)</b>                    |                            |                          |                      |         |
| All patients   | 5.9 (5.6) (n=226)          | 5.5 (5.9) (n=179)        | -0.45 (0.57)†        | 0.19    |
| Confirmed COPD   | 6.3 (5.8) (n=117)          | 5.4 (4.1) (n=97)         | -0.88 (0.70)†        | 0.37    |
| <b>Arterial blood gases (&lt;30 min) (confirmed COPD patients)</b> |                            |                          |                      |         |
| Mean (SD) pH   | 7.29 (0.14) (n=19)         | 7.35 (0.16) (n=19)       | 0.06 (0.05)†         | 0.11    |
| Mean (SD) carbon dioxide (mm Hg)                                   | 77.8 (49.2) (n=20)         | 54.7 (31.1) (n=20)       | -23.1 (13.0)†        | 0.06    |
| Mean (SD) bicarbonate (mmol/l)                                     | 32.3 (10.1) (n=19)         | 26.8 (6.5) (n=19)        | -5.5 (2.76)†         | 0.07    |
| Mean (SD) oxygen (mm Hg) (arterial only)                           | 98.4 (46.1) (n=14)         | 79.3 (24.9) (n=9)        | -19.1 (16.8)†        | 0.34    |

COPD=chronic obstructive pulmonary disease.  
 \*Relative risk (95% CI).  
 †Mean difference (SE).

**Mortality reduced with 78% by controlled oxygen!**

## Source:

Austin MA et al. BMJ 2010; 341: c5462



Bodil Steen Rasmussen har som overlæge på intensivafdelingen på Aalborg Universitetshospital haft travlt med at forberede de kommende COVID-19-patienter, og fik den første respiratorpatient med COVID-19 i denne uge.

Foto: Lars Horn

# Opfordring til sundhedsvæsenet: Vær kritisk i forhold til, hvordan I anvender iltbehandling

For rundhåndet iltbehandling af kritisk syge patienter som COVID-19-patienter, risikerer at gøre mere skade end gavn og kan i værste fald øge dødeligheden, advarer intensivlæger, der opfordrer læger og sygeplejersker til at følge Sundhedsstyrelsens retningslinjer.

Niels-Bjørn Albinus | 19/03/2020

Liberal oxygen treatment of critically ill patients such as COVID-19 patients, may do more harm than good and can, at worst, increase mortality, warn intensive care professionals who urge doctors and nurses to follow the guidelines of the National Board of Health.

# FOR MORE INFORMATION

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