



PainDrainer®

– a digital tool to improve the activity balance
for chronic pain patients

Ann-Christin Malmborg Hager, PhD, CEO

PainDrainer AB

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3% of spending on preventive health – 80% of health care cost driven by chronic disease

CHRONIC PAIN



Societal perspective:

- 40% of all primary care visits are due to chronic pain
- 30% of all sick leave is due to chronic pain

Individual perspective:

- Chronic pain has a devastating impact on the people's lives, impairing quality of life, working and everyday functioning.
- Effective treatment methods are characterized by a very limited availability.

Health care sector perspective:

- Over 30% of patients are afraid of becoming addicted to pain medications.
- Over 60% of pain sufferers worry over possible side effects connected to the medicines.



The first advanced self- management tool for chronic pain based on AI

- Log your daily activities
- Log your pain levels
- Get personalized advice on activities to control your pain
- Plan your days
- Increase your Quality of Life



A digital tool to improve the activity balance for chronic pain patients



- Based on the recognised clinical therapy principles of ACT
- Ability to improve the QoL being confirmed in clinical studies
- Combining high availability with clinically proven efficacy





The fit

Societal perspective:

- An increased activity balance will help patients back to work

Individual perspective:

- Increased awareness of disease
- Increased quality of life

Health care sector perspective:

- Shift from pill to patient
- Helps clinicians be more efficient



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